

Extreme BRICKOVER 2



General Information

Name: Inga Williams

Gender: Female **Age:** 24

Height: 5'4" **Weight:** 276.8

Club: Brick Bodies Perry Hall

Trainer: Eva Williams

Story Line:

- Wants to lose 100lbs.
- Her motivation to lose weight is to successfully complete her mission and live a healthy lifestyle.
- For her to lose weight it would mean that she would finally accomplish a goal that she has been striving for as long as she can remember.
- She lost her mother and four baby sisters in a house fire last year. She has worked through this tragedy, but has never gotten over it. She misses them very much and this loss affects many of the decisions that she makes.
- Wants to walk a marathon, wear 3/4 inch heels and shop for new clothing.